

June 2007  
Vol 1, Issue 2

# PSW Newsletter

## Our Meetings:

We meet on the first Monday of each month at Toongabbie West Public School, Ballandella Rd, Toongabbie.

Evenings begin at 6.30 pm for a chat, then meetings begin at 7pm sharp. Supper is at 8.30 approx, followed by General Business.

Please greet us at the door & collect your name badge (and drop it off as you leave].

## Dates for your Diary:

- o Next Meeting 2nd July
- o Illabunda Open Day  
Sunday 22nd July 10am
- o Activity Day in July, date to be confirmed
- o NAIDOC Sunday 8<sup>th</sup>  
July



## Permaculture Sydney West

*"Working together towards a sustainable future"*

### From the Team

We hope everyone is keeping nice and warm this winter. This much-needed rain is doing a great job on our green spaces as well as filling up our dams and waterways. I'm sure everyone would agree that it is a huge weight off our shoulders, at least for the time being. On the news recently it was announced that Sydney is officially no longer in drought so let's hope it lasts!

Thank you to everyone for your votes last month to accept the Constitution. Forms were lodged and we are now "Permaculture Sydney West Inc".

The Committee

Email: [permaculturesydneywest@yahoo.com.au](mailto:permaculturesydneywest@yahoo.com.au)

### Topic for Monday's Meeting

#### Animals in Permaculture

Animals play a very important part in permaculture. They provide:

- Food eg milk and eggs
- Fibre
- Scratch and turn our compost
- Convert food to useable product i.e. manure
- And then there is pleasure

At the meeting on 2nd July we will look at the animals that can be kept in a backyard, the kind of housing they need, and basic foods.

Come along with questions and start exploring the options.

## Permaculture Sydney West

### PHONE:

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0402 282 750  
0409 307 190  
0409 151 435

### FAX:

9629 3560

## Our Committee

### President

Hannah Brumerskyj

### Vice President

Sue Mossman

### Secretary

Clarissa Davis

### Treasurer

Eric Davis

### Education

Robyn Williamson  
Roberta Fassina

### Resources

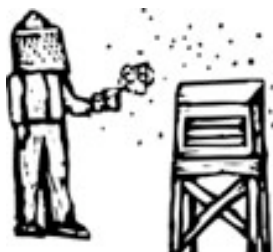
Sonia Barber

### Publicity

Rosanna Silvestro

### Webmaster

Andrew Leahy



## Aspect by Andrew Leahy

"Eric in his 'Aspect' talk explained how the sun is a critical element in our Permaculture design. Knowing where the sun will be at a particular time & date is very handy when building or renovating your house as well as figuring out where to plant things in your garden. This short article will show you how to get a sun chart for your particular location, especially for those people who didn't grab a Sydney Sun Position Chart at the Permi West meeting recently. There are a couple of sites on the web that are useful for doing this, so you'll need to be connected to the Internet to follow these instructions:-

Step 1 – Go to <http://www.satsig.net/maps/lat-long-finder.htm> to find your longitude and latitude.

The website uses Google map so you can simply zoom in and scroll around until the location you are interested in is in the middle of the map. eg. Toongabbie Primary School is at latitude -33.8 and longitude 150.9

Step 2 – Go to <http://solardat.uoregon.edu/PolarSunChartProgram.html>

Type in the latitude and longitude from step 1.

For Sydney, specify the time zone as "UTC + 10h"

(This changes depending on daylight savings, you can check it at <http://www.timeanddate.com/worldclock/>)

Scroll down to the "Create Chart" button and click on it.

This will present a page where you can download a PDF file, which you can then view and print if you wish.

As you can see there are lots of other bells and whistles that you can fiddle with on that Sun Chart page, but I'll leave that for you to experiment with!

## What to Plant by Sue Gordon

The shortest day of the year is traditionally the time to plant garlic, although some people do plant it earlier. Garlic comes in many varieties, hard neck and soft neck varieties. They should be planted at least one depth below the bulb with the pointy end upwards.

Always plant the biggest cloves to provide the best result for larger bulbs. Garlic does best in light, well-drained soil and likes full sun. Improve the soil by adding compost or well-rotted animal manures before planting. Mulch well, as garlic dislikes competition from weeds. Regular watering is important, do not allow the soil to completely dry out during bulb formation. Stop watering once the tops brown.

## Recycle Roundabout

Don't forget our table outside with pre-loved items at our meetings. It's been great to see all those items up for grabs that would normally go to landfill. Please remember to take back any of your items that are left, you can always bring them back next time.

## Other Happenings

Permaculture Sydney  
Southwest  
Mt Annan  
4<sup>th</sup> Monday of each  
month

Contact is Sue  
0413 480 843

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Illabunda Eco-village  
Winston Hills  
Next open day is  
Sunday 22<sup>nd</sup> July

Contact is  
[onetreehillprojects  
@optusnet.au](mailto:onetreehillprojects@optusnet.au)

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NAIDOC  
Organic Food &  
Farmer's Market

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by  
Roberta Fassina

## Book Review by Sonia Barber

### POULTRY: THE MAJOR BREEDS

Bruce Pattinson

Moving away from the standard crossbreeds, this book focuses on the many fancy breeds that can be found in Australia. It covers the history, rearing, breeding, variations and specialized information pertaining to each breed. It has detailed descriptions and photographs showcasing the physical characteristics of the various breeds. This book does not cover generalised information for keeping chickens but if you are interested in choosing a more unique breed it is a comprehensive well designed publication.

This book is available from the Resource Library, Permaculture Sydney West.  
Resource contact: Sonia Barber

## Illabunda Eco-village

The next Open Day will be on 22nd July 2007.

For details on the activities for the day, please contact the address below.

There will be the usual craft activities for the kids, face painting, free BBQ lunch and refreshments and guided tours of the delightful Illabunda site.

### Contact details

[onetreehillprojects@optusnet.au](mailto:onetreehillprojects@optusnet.au) for more information.

## NAIDOC Celebrations Marrickville

There is a major NAIDOC event at the Addison Road Centre, 142 Addison Road Marrickville, alongside the Organic Food & Farmers Market on Sunday, 8 July 2007. Very easy to get there by train.

The market starts at 9 am and the NAIDOC celebrations will commence at 2 pm. There will be a massive exhibition of aboriginal art, dancing, music and much more.